

Through the Unexpected

ANNUAL REPORT
2021 - 2022



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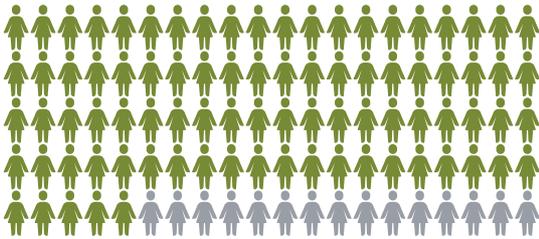
WHY WE EXIST



One in 22 babies have a major congenital anomaly, many diagnosed in the prenatal period.

A major congenital anomaly is a difference in the health, development or genetics of the baby that may lead to a changed developmental path, pregnancy loss, stillbirth, early death or significant medical interventions in the postnatal period.

Prenatal diagnosis of a fetal anomaly is more frequent than people think. Parents are left to grapple with new and complex health information and try and make sense of what this means for their baby, their family and their future.

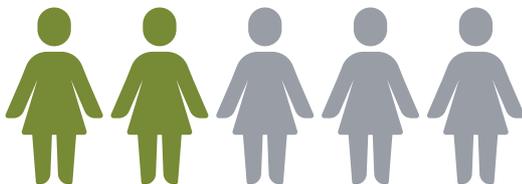
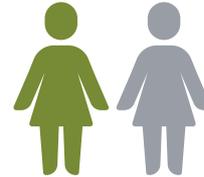


85% of mothers reported re-experiencing symptoms of trauma and 35% met full diagnostic criteria for Post-traumatic Stress Disorder (PTSD).

Horsch, A., Brooks, C., & Fletcher, H. (2013). Maternal coping, appraisals and adjustment following diagnosis of fetal anomaly. *Prenatal Diagnosis*, 33(12), 1137-1145. <https://doi.org/10.1002/pd.4207>

Anxiety after a prenatal diagnosis and was rated as moderate to severe in one in two women.

Fontoura, F. C., Cardoso, M. V. L. M. L., Rodrigues, S. E., Almeida, P. C. d., & Carvalho, L. B. (2018). Anxiety of mothers of newborns with congenital malformations in the pre- and postnatal periods. *Revista Latino-Americana De Enfermagem*, 26, e3080-e3080. <https://doi.org/10.1590/1518-8345.2482.3080>



2 in 5 mothers met full diagnostic criteria for PTSD after a prenatal diagnosis of congenital heart disease.

Rychik, J., Donaghue, D. D., Levy, S., Fajardo, C., Combs, J., Zhang, X., Szwast, A., & Diamond, G. S. (2013). Maternal psychological stress after prenatal diagnosis of congenital heart disease. *The Journal Of Pediatrics*, 162(2), 302-307 e301. <https://doi.org/10.1016/j.jpeds.2012.07.023>

Anxiety, depression and post traumatic symptoms are frequent in the early stages of a pregnancy following termination for medical reasons (TFMR).

Beauquier-Maccotta, B., Schultz, J., De Wailly, D., Meriot, M-E., Soubieuz, M-J. Ouss, L., Grosmaître, C., Salomon, L.J., Golse, B., Ville, Y. & Missoner, S. (2022). Prenatal attachment, anxiety and grief during subsequent pregnancy after medical termination of pregnancy. Attachment to which child? *Journal of Gynecology Obstetrics and Human Reproduction*, 51, 102353. <https://doi.org/10.1016/j.jogoh.2022.102353>



ACHIEVEMENTS

OUR EXPANDING REACH

RELATIONSHIPS

16 project advisors
11 module collaborators
12 collaborating organisations
420% mailing list growth

WEBSITE & ONLINE RESOURCES

1,279 users
1,811 sessions
8,954 page views
88.1% new users



PRENATAL DIAGNOSIS AND MENTAL HEALTH ONLINE NETWORK

Within the 2021 - 2022 period, our collaborative online network

grew to 433 members



A wide variety of professions are represented in the group including obstetricians, general practitioners, psychologists, nurses, genetic counsellors, peer support workers, midwives, counsellors, social workers, mental health nurses and more.

ACHIEVEMENTS

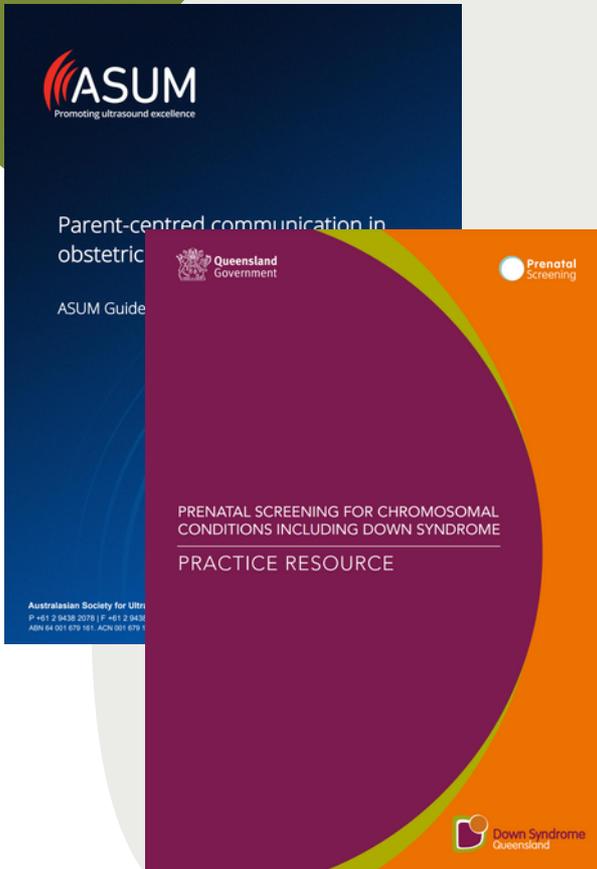
CONSULTATION

Our review, feedback and endorsement was sought for the development of two clinical resource guides:

- Parent Centred Communication in Obstetric Ultrasound, developed by the Australasian Society for Ultrasound in Medicine
- Prenatal Screening for Chromosomal Conditions Including Down Syndrome Practice Resource, developed by Down Syndrome Queensland with funding from Queensland Health

Feedback was also sought for a decision-making support tool regarding prenatal screening.

We have a representative on the advisory board of a research project on the implementation of expanded non-invasive prenatal testing in Australia, funded by the Australian Research Council and the Perinatal Society of Australia, Perinatal Ethics Special Interest Group.



CONFERENCE PRESENTATIONS

- Perinatal Society of Australia and New Zealand, pre-congress Perinatal Ethics Committee Workshop, Presentation, *A parent perspective on perinatal ethical issues*, May 2022
- Perinatal Society of Australia and New Zealand Congress 2022, Poster, *Making the experience of prenatal diagnosis better together*, May 2022
- ASUM Communicate and collaborate: Parent-centred obstetrics care, Presentation, *Parent experience: the impact of receiving news of a fetal anomaly*, March 2022

Download our protocol poster (pdf)

ADVOCACY SUBMISSIONS & LETTERS

- Submission to the Australian Commission on Safety and Quality in Health Care Draft Stillbirth Clinical Care Standard – 2022
- MASC letter of support for genetic counselling Medicare item numbers – 2021

ACHIEVEMENTS

PROJECTS

Facing the Unexpected: Improving women's mental health through training to address the psychosocial aspects of prenatal diagnosis

Conceptualise, develop strategy & theory of change ✓ Secure funding ✓ Commence ✓

We are developing the first online training program for health and allied health professionals specifically focused on the psychosocial aspects of prenatal diagnosis.

Our training will be informed through an interdisciplinary program of research led by Dr Belinda Johnson from RMIT University. The research will address key gaps in knowledge through a series of studies that explore the experiences and perspectives of training needs of health and allied health professionals and people with lived experience of receiving a prenatal diagnosis.

A collaborative team of professionals, researchers and people with lived experience will work together to codesign the online training modules, informed by the research.

The training will cater to professionals who work with women and other pregnant people at any point in their journey through the unexpected, whether this is at the diagnosis, after a termination for medical reasons (TMFR), during the early parenting period or even a subsequent pregnancy. Learners will self-select modules to meet their learning interests.

Unexpected news about the health, development or genetics of an unborn baby changes the experience of pregnancy and increases the incidence of both acute and enduring mental health challenges for women. There is great potential to reduce the psychosocial challenges through the provision of non-judgemental, non-stigmatised and supportive care that empowers women and nurtures autonomy and adaptation.

This project was made possible with funding from the [Liptember Foundation](#)

Codesigning the Helping Parents Prepare program: An information and support based group for parents expecting a baby with a genetic or developmental anomaly or variation

Conceptualise, develop strategy & theory of change ✓ Secure funding ○ Commence ○

Committed to codesign, scalability and being informed by evidence as we work towards improving the psychosocial outcomes for families, we have conceptualised a project to develop an informational support group package. We will codesign, pilot and evaluate the groups, designed to nurture confidence, capability and adaptation as they move towards the birth of their baby.

The complete package of information resources, marketing and implementation documents will be available for organisations anywhere in Australia to run codesigned and evidence-informed groups to improve the psychosocial outcomes for families moving through the unexpected.

If you are interested in partnering or funding this project please get in touch, we would love to hear from you.

ACHIEVEMENTS

RESEARCH PROGRAM

In partnership with



JAMES COOK
UNIVERSITY
AUSTRALIA



LA TROBE
UNIVERSITY

- Conceptualised and submitted an ethics application for the study: *Perspectives on training for health and allied health professionals who work with women who are receiving or have received news during pregnancy of a possible or confirmed fetal anomaly or variation*, led by Dr Belinda Johnson, RMIT University.
- Commenced the conceptualisation of a study to ensure that lived experience informs the health and allied health professional training program, led by Dr Belinda Johnson from RMIT University.
- Commenced a rapid review (evidence synthesis) of women's psychosocial outcomes after a prenatal diagnosis of a fetal anomaly or variation, led by Pieta Shakes, James Cook University & TTU.

Meet Dr Belinda Johnson - Principal Investigator

Dr Belinda Johnson is a Sociologist and Senior Lecturer in Social Work and Human Services at RMIT University and a member of the Social Global Studies Centre at RMIT. Belinda is an Early Career Researcher, having completed her PhD in early 2020. Belinda identifies as a lived experience, family-carer researcher as mother of a 10 year old girl who has Down syndrome and is an NDIS participant. Belinda is a community member of Down Syndrome Australia, Down Syndrome Victoria and Carers Victoria. She is also a member of the grassroots organisations T21 Mum Australia Network / Trisomy 21 Families & Friends of Australia.

Belinda's research interests include disability and carers, and intersections of social justice issues and embodied creative practices. Belinda is an experienced qualitative researcher in projects including a funded industry project for Yooralla (2018-2020) and is experienced in using qualitative research methods including in-depth Interviews, focus groups and internet research. Belinda has produced high quality reports, book chapters and journal articles, including several focused on disability issues and advocacy: In 2020 and 2022 she co-wrote articles with Dr Raelene West on online hate speech towards people with Down syndrome and their families, published in the *Journal of Sociology* and in the international journal *Disability & Society*. She has also written autoethnographic accounts of encountering ableism in everyday life with her daughter, published in the international journal *Qualitative Social Work*. Her chapter on babies with disability being entitled to imagined hopeful futures is about to be published in a *Routledge International Handbook on Children, Disability and Human Rights*.



OUR VISION

People are informed, supported and empowered through the experience of prenatal diagnosis.

OUR MISSION

Through the Unexpected works to protect the mental wellbeing of people who receive unexpected news regarding the health, development or genetics of their unborn baby.

We advocate for reduced systemic silence, stigma and shame surrounding this experience. We aim to ensure people are empowered with high quality, impartial information to make informed choices and are supported for as long as required.

OUR GUIDING VALUES

We strongly align with the social model of disability.

We respect the autonomy of parents and promote non-directive practice.

We value the lived experience of people affected by prenatal diagnosis.

We value inclusivity and diversity.

THANK YOU

TO OUR SUPPORTERS AND COLLABORATORS

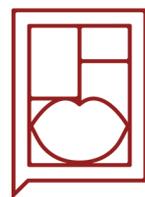


FACING THE UNEXPECTED: PROJECT ADVISORS & COLLABORATORS

Amanda Bates
Natalie Browning
Elizabeth Callinan
Alison Deslandes
Julia D'Orazio
Lucinda Freeman
Eleanore Fritze
Dr Belinda Johnson
Dr Nicole Highet
Lyndal Macpherson

Dr Renée Miller
Margaret Shield
Skye Stewart
Eliza Strauss
Dr Samantha Thomas
Dr Imogen Thomson
Beatrice Webb
Kara Williams

THANK YOU
TO OUR MAJOR FUNDER



Liptember
Foundation

FUNDING: FACING THE EXPECTED TRAINING PROJECT

Q&A with Luke Morris, The Liptember Foundation CEO & founder

What is the Liptember Foundation all about?

The Liptember Foundation is the trusted source and respected leader when it comes to women's mental health. Working alongside a community of experts, advocates and allies we raise and distribute funds towards the most critical women's mental health outcomes, including women's mental health programs, initiatives, support services and research.

How does the Liptember foundation support women to achieve optimal mental health?

To confidently ensure that we are making the most 'informed' impact possible we are committed to making funding decisions underpinned by scientifically valid, ongoing research that specifically focuses on Australian women, their experiences and needs and adequately filling the gaps in mental health programs, initiatives, support services and research.

Why has the Liptember Foundation funded our health and allied health professional training project?

Through the support of Through the Unexpected's health and allied health professional training project, the Liptember Foundation is able to further support the mental health of expectant mothers. When learning of the gaps within the system in supporting parents after a diagnosed congenital anomaly, it was imperative that the Foundation support the work TTU are doing to provide a platform to address this issue nationally.

How is your experience of supporting us, to date?

The Liptember Foundation has been absolutely thrilled to work closely alongside the Through the Unexpected team. The passion and vision shown by the team made our decision to support this project a simple one. The Liptember Foundation has been kept across key developments made by TTU, with thorough reporting and communication from the team that further confirms how important the work we are funding truly is. We're incredibly proud to be a part of this journey with the team and seeing the impact this project will make on parents across the country.

CHAIRPERSON'S REPORT

ALISON DESLANDES

It has been a privilege to lead the board of *Through the Unexpected* over the past 12 months and in our second year of operations as a health promotions charity. I think I speak on behalf of the board when I say it has been extremely exciting to see TTU begin to grow from the foundations we laid in 2021 and watch as the charity has begun to achieve some positive change.

This year we welcomed two new board members, Zena Mason and Andrea Dickson. Both Zena and Andrea bring a wealth of knowledge, experience and skills to our board including pregnancy and parent support, communication and advocacy as well as lived experience of receiving a prenatal diagnosis and undergoing a termination of pregnancy for medical reasons (TFMR). Our new directors have added to our diverse board, comprised of a valuable group of individuals, with backgrounds including medicine, obstetric sonography, nursing, mental health, social work, academia, legal, financial, and of course, those with a lived experience of receiving a prenatal diagnosis with a continuation of pregnancy. The one thing our directors all have in common is their unwavering passion and focus on making meaningful change for those affected by a prenatal diagnosis of a congenital anomaly.

A major highlight of this year was being awarded a three-year grant from the Liptember Foundation. This grant will enable us to put together a much-needed training program for healthcare professionals, Facing the Unexpected. Work has already begun on this project with a research program currently being led by Dr Belinda Johnson from RMIT to address the gaps in knowledge and

inform the training program to ensure it is fit for purpose to improve the experience for parents faced with the unexpected. The training program will also be informed by a team of advisors before being available to the wider community. I would like to unreservedly thank the Liptember Foundation for their support of this vital work as well as Ms Pieta Shakes, Associate Professor Chris Maylea, Dr Belinda Johnson and our advisors for their hard work and dedication to their project.

This year the board continued to build relationships and partnerships is a key priority in order for *Through the Unexpected* to successfully achieve our aims. These relationships saw us invited to review and provide feedback on the development of two clinical resource guides; "Parent Centred Communication in Obstetric Ultrasound," developed by the Australasian Society for Ultrasound in Medicine and "Prenatal Screening for Chromosomal Conditions Including Down Syndrome" Practice resource, developed by Down Syndrome Queensland with funding from Queensland Health. TTU was also invited to give feedback on a new app being developed to support decision-making in the face of a prenatal diagnosis and have representation on an advisory board around research relating to the expansion of non-invasive prenatal screening in Australia.

I am exceedingly proud of the achievements of TTU this past year and I am extremely excited to see where the next 12 months take us.

Alison Deslandes

EXECUTIVE DIRECTOR'S REPORT

PIETA SHAKES

The 2021-22 financial year represents our first full financial year as an entity and health promotion charity. It has been a delight to witness the organisation grow and achieve. I am grateful and proud that many ideas, once hopes and dreams, are now activities on the horizon.

We have a long way to go to realise our vision that all people are informed, supported and empowered through prenatal diagnosis. However, we have laid the foundations and we have established momentum. Other organisations have sought our support, collaboration and endorsement of work within the space of prenatal screening and diagnosis. Similarly, we have reached out to many organisations, researchers, clinicians and therapists and have been offered support and guidance.

Our collective continues to grow. While those who share interest in overlapping specialty areas or have lived experience knew the importance of our collective action, we are starting to gain the attention of wider networks within health and perinatal care. All professionals who support parents have the opportunity to improve the psychosocial outcomes of the many parents who receive unexpected news.

One key moment for me this year was during our preparation of a response to the Stillbirth Clinical Care Standard draft. Despite the fact that congenital anomalies are the leading cause of stillbirth, there was no mention of anomalies in the tabled risk factors. The experience of receiving a life-limited anomaly diagnosis was not acknowledged in the bereavement best-practice

information, rather support was considered only to commence at the time of stillbirth. The draft highlighted just how overlooked and hidden the experience of receiving a prenatal diagnosis remains.

The hidden nature of prenatal diagnosis means our growing collective is absolutely vital. Improving psychosocial outcomes for parents is a task bigger than any one organisation can address, bigger than *Through the Unexpected*. This task requires systems designed with recognition of the emotional toll and potentially enduring impact of prenatal diagnosis. This task requires a commitment to hear narratives, partner with people with lived experience, and to sit with the many complexities. This task requires many perspectives, ideas and skills. Together, we will create change and it's so exciting to be part of this bigger thing.

Thank you to the board, our members, our collaborators, and our sponsors. Thank you to Dr Samantha Thomas who resigned from the board but will no doubt continue to work tirelessly to improve the experience of prenatal diagnosis.

Finally, I send a special thank you to the parents who have moved through the unexpected and have reached out to connect – your stories and your words of encouragement make it clear why we are here and what we need to achieve.

Pieta Shakes

LOOKING AHEAD

OUR COMING OBJECTIVES

ORGANISATIONAL CAPACITY-BUILDING

- Build financial resources
- Build governance and leadership capacity and organisational reputation
- Build human resource capacity

RELATIONSHIPS AND PARTNERSHIPS

- Build a network of people with varied lived experience to guide projects, policies and publications
- Build relationships with organisations and providers involved in the care and support of people experiencing a diagnosis of a prenatal anomaly
- Develop partnerships with key research partners and relevant professional governing, education and training bodies to enhance delivery of training and ensure the impact of prenatal diagnosis is appropriately considered in their projects and training

PROGRAMS

- Develop a training package for professionals related to the lived experience of receiving a prenatal diagnosis, which can be delivered through our professional partners
- Develop protocols for working ethically and safely with people with varied lived experience on our projects
- Pilot and evaluate prenatal diagnosis peer support groups for people continuing pregnancy (subject to funding)

INFORMATION AND ADVOCACY

- Collate and develop resources for parents and other individuals
- Develop and promote resources for professionals
- Advocate to departments of health, professional bodies and others regarding gaps in their existing guidelines and policies

DIRECTORS' REPORT

The Directors of *Through the Unexpected* present their report together with the financial statements of the entity, for the year ended 30 June 2022.

Director details

The following persons were Directors of *Through the Unexpected* during the whole of the financial year and up to the date of this report unless otherwise stated.

Director	Date
Alison Deslandes	
Eleanore Fritze	
Tracey Holmes	
Pieta Shakes	
Dr Samantha Thomas	To 07/09/22
Margaret Shield	
Dr Chris Maylea	
Dr Imogen Thomson	
Zena Mason	From 07/03/22
Andrea Dickson	From 07/03/22

Developments and expected results of operations

Key developments have been reported above within the Achievements and Chairperson's report (pp 4-11). These developments have resulted in the strong foundation of a sustainable and transparent charity.

The Board and Executive are pleased to report that *Through the Unexpected* secured an overall surplus of \$793.35 for the FY22 year.

Principal activities

The company's principal continuing activity during the year consisted of the promotion to prevent and reduce distress and psychosocial health challenges related to the suspicion or confirmation of a prenatal diagnosis of a congenital anomaly.

Review of operations

Comments on the operations and the results of those operations are set out below:

- Operating revenue for the year ended 30 June 2022 was \$3,276.73
- The operating surplus/(deficit) for the year ended 30 June 2022 was \$793.35

DIRECTORS' REPORT

CONTINUED

Director	Qualification
Alison Deslandes	MMedSono, MPhil, AMS Chair of the Board of Directors <i>Through the Unexpected</i> (from Sep 2020) Director <i>Australasian Society of Ultrasound in Medicine</i>
Eleanore Fritze	LLB(Hons), BA, GradCertDisSt, CF Deputy Chair of the Board of Directors <i>Through the Unexpected</i> (from Sep 2020) Vice President <i>Raleigh Street Community Children's Centre Inc</i> (to Nov 2021) Board Member <i>Association for Children with a Disability Inc</i>
Tracey Holmes	MIPA, MComm Treasurer <i>Through the Unexpected</i> (from Sep 2020)
Pieta Shakes	RN/CMHN, BN(Hons), GradCertDiagnosticGenomics, GradCertHEdILearnTeach, MNurs(MentalHlth), PhD Candidate. Executive Director and Secretary <i>Through the Unexpected</i> (from Sep 2020) Board Member <i>Sigma Theta Tau International Honor Society of Nursing, Psi Zeta at-Large Chapter</i>
Dr Samantha Thomas	PhD, AMS, DMU (General), DipAppSc (Diagnostic Radiography) Director <i>Through the Unexpected</i> (from Sep 2020 to Sep 2022)
Margaret Shield	BHSc(Hons) Director, <i>Through the Unexpected</i> (from Sep 2020)
Dr Chris Maylea	BSW(Hons) MHSMP, JD, DSW Director <i>Through the Unexpected</i> (from Sep 2020) Chair then Deputy Chair (from Nov 2020), <i>Victorian Mental Illness Awareness Council</i>
Dr Imogen Thomson	BBMed, MD, MPhil Director <i>Through the Unexpected</i> (from Oct 2020)
Zena Mason	Director <i>Through the Unexpected</i> (from Feb 2022)
Andrea Dickson	Director (Additional) <i>Through the Unexpected</i> (from Feb 2022)

DIRECTORS' REPORT

CONTINUED

Meetings of Directors

The number of meetings of the Company's Board of Directors held during the year ended 30 June 2022, and the number of meetings attended by each director, were:

Director	A	B
Alison Deslandes	6	7
Eleanore Fritze	6	7
Tracey Holmes	4	7
Pieta Shakes	7	7
Dr Samantha Thomas	5	7
Margaret Shield	5	7
Dr Chris Maylea	5	7
Dr Imogen Thomson	7	7
Zena Mason	2	2
Andrea Dickson	2	2

A = Number of meetings attended.

B = Number of meetings held during the time the director held office or was a member of the committee during the year since ASIC registration.

Directors' benefits

Since the end of the previous financial year no directors have received or become entitled to receive a benefit (other than a benefit included in the aggregate amount of the emoluments received or due and receivable by directors), by reason of a contract made by the Company, or a related corporation with the director or with a firm they are a member of, or a company in which they have a substantial financial interest to the financial statements.

Insurance of officers

During the financial year, *Through the Unexpected* paid a fee to insure the Company, however did not pay an additional fee to insure the directors of the Company.

Contributions on winding-up

The Company is incorporated under the Corporations Act 2001 and is a Company limited by guarantee. If the Company is wound up, the constitution states that each member is required to contribute a maximum \$5 each towards meeting any outstanding obligations of the entity.

Environmental regulations

No significant environmental regulations apply to the Company.

On behalf of the directors



Alison Deslandes
Chairperson, Board of Directors
Through the Unexpected
30 October 2022

FINANCIAL STATEMENTS

STATEMENT OF PROFIT OR LOSS AND OTHER COMPREHENSIVE INCOME

For the year ended 30 June 2022

	Notes	2022	2021
Revenue and other income		\$	\$
Grant Income	2	681.69	-
Other income	2	2,595.04	2,605.71
Total Revenue and other income		3,276.73	2,605.71
Expenses			
Employee benefits expense		-	-
Other expenses	3	(129.90)	(793.01)
Travel		(681.69)	-
Insurance	3	(860.20)	(860.20)
Administration	3	(811.59)	(652.50)
Depreciation and amortisation expense		-	-
Total Expenses		(2,483.38)	(2,305.71)
Surplus / (deficit) for the year attributable to Through the Unexpected		793.35	300.00
Total comprehensive income / (loss) for the year		793.35	300.00

This statement should be read in conjunction with the notes to the financial statements.

FINANCIAL STATEMENTS

STATEMENT OF FINANCIAL POSITION

For the year ended 30 June 2022

	Notes	2022	2021
		\$	\$
Assets			
Current			
Cash and cash equivalents		2,595.04	2605.71
Trade and other receivables		-	-
Other assets		50,000.00	-
Current assets		52,595.04	2605.71
Non-current			
Property, plant and equipment		-	-
Intangibles		-	-
Non-current assets		-	-
Total assets		52,595.04	2605.71
Liabilities			
Current			
Trade and other payables		2,483.38	2305.71
GST/PAYG payable		-	-
Employee benefits		-	-
Other liabilities		49,318.31	-
Current liabilities		51,801.69	2305.71
Non-current			
Employee benefits		-	-
Non-current liabilities		-	-
Total liabilities		51,801.69	2305.71
Net assets		793.35	300.00

This statement should be read in conjunction with the notes to the financial statements.

FINANCIAL STATEMENTS

STATEMENT OF CHANGES IN EQUITY

For the year ended 30 June 2022

	Reserves \$	Retained Surplus \$	Total Equity \$
Balance at 1 July 2021	-	-	-
Transfers to/from reserves	-	-	-
Surplus/(deficit) for the year attributable to members	-	793.35	793.35
Balance at 30 June 2022	-	793.35	793.35

This statement should be read in conjunction with the notes to the financial statements.

STATEMENT OF CASH FLOWS

For the year ended 30 June 2022

	Notes	2022 \$
Operating activities		
Receipts from members and customers		-
Receipt of grants		50,000.00
Receipts from donations and fundraising		2,595.04
Payments to Suppliers and employees		(2,483.38)
Interest income		-
Net cash provided by operating activities		50,111.66
Investing activities		
Purchase of property, plant and equipment		-
Payments for intangible assets		-
Net cash provided by / (used in) investing activities		-
Financing activities		
Net proceeds/repayments from finance lease		-
Net cash from / (used in) financing activities		-
Net change in cash and cash equivalents		49,811.66
Cash and cash equivalents, beginning of year		300.00
Cash and cash equivalents, end of year		50,111.66

This statement should be read in conjunction with the notes to the financial statements.

NOTES TO THE FINANCIAL STATEMENTS

1. Significant Accounting Policies

The principal accounting policies adopted in the preparation of financial statements are set out below.

1.1 Basis of preparation

These general purpose financial statements have been prepared in accordance with Australian Accounting Standards- AASB 1060 *General Purpose Financial Statements – Simplified Disclosures for For-Profit and Not-for-Profit Tier 2 Entities*, issued by the Australian Accounting Standards Board (AASB), and associated regulations and the *Corporations Act 2001*, as appropriate for not-for-profit oriented entities.

Historical cost convention

The financial statements have been prepared under the historical cost convention.

Critical accounting estimates

The preparation of the financial statements requires the use of certain critical accounting estimates. It also requires management to exercise its judgement in the process of applying the Company's accounting policies. The areas involving a higher degree of judgement or complexity, or areas where assumptions and estimates are significant to the financial statements are disclosed in the relevant accounting policies within note 1 and are based on the various factors, including expectations of future events management believes to be reasonable under the circumstances.

1.2 Statement of Compliance

The Company does not have 'public accountability' as defined by AASB 1053 *Application of Tiers of Australian Accounting Standards* and is therefore eligible to apply Tier 2 reporting framework under the Australian Accounting Standards.

The financial statements comply with the recognition and measurement requirements of Australian Accounting Standards, the presentation requirements in those standards as modified by AASB 1060 *General Purpose Financial Statements – Simplified Disclosures for For-Profit and Not-For-Profit Tier 2 entities* and the disclosure requirements in AASB 1060. Accordingly, the financial statements comply with Australian Accounting Standards – Simplified Disclosures.

1.3 Information about the Company

Through the Unexpected is a charity registered with the Australian Charities and Not-for-profits Commission. The registered office and principal place of business is as follows:

552 Victoria Street,
North Melbourne
Victoria 3051

1.4 Revenue

Revenue is recognised at an amount that reflects the consideration to which the company is expected to be entitled in exchange for transferring goods or services to a customer.

NOTES TO THE FINANCIAL STATEMENTS

Grant Revenue

Grant revenue is recognised in the Statement of Profit or Loss and Other Comprehensive Income when the Company satisfies the performance obligations stated within the funding agreements or Grant Deeds. If conditions are attached to the grant which must be satisfied before the Company is eligible to retain the contribution, the grant will be recognised in the Statement of Financial Position as a liability until these conditions are satisfied.

Income recognition from grants received by *Through the Unexpected* has been appropriately accounted for under AASB 1058 or AASB 15 based on the assessment performed.

Other Revenue

Other revenue (which includes donation and fundraising revenue) is recognised when it is received or when the right to receive the payment is established.

1.5 Income Tax

As *Through the Unexpected* is a charitable institution in terms of subsection 50-5 of the *Income Tax Assessment Act 1997*, as amended, it is exempt from paying income tax; no provision for income tax has been raised.

1.6 Current and non-current classifications

Assets and liabilities are presented in the Statement of Financial Position based on current and non-current classification.

An asset is classified as current when: it is either expected to be realised or intended to be sold or consumed in normal operating cycle; it is held primarily for the purpose of trading; it is expected to be realised within 12 months after the reporting period; or the asset is cash or cash equivalent unless restricted from being exchanged or used to settle a liability for at least 12 months after the reporting period. All other assets are classified as non-current.

A liability is classified as current when: it is either expected to be settled in normal operating cycle; it is held primarily for the purpose of trading; it is due to be settled within 12 months after the reporting period; or there is no unconditional right to defer the settlement of the liability for at least 12 months after the reporting period. All other liabilities are classified as non-current.

1.7 Cash and cash equivalents

Cash and cash equivalents includes cash on hand, deposits held at call with financial institutions and other short-term, highly liquid investments with original maturities of three months or less that are readily convertible to known amounts of cash and which are subject to an insignificant risk of changes in value. Deposits with maturity dates greater than three months are considered investments.

On initial recognition investments are measured at fair value plus transaction costs and subsequently measured at amortised cost in accordance with AASB 9 Financial Instruments.

1.8 Trade and other receivables

Trade and other receivables are measured at amortised cost, less any allowance for expected credit losses in accordance with AASB 9 Financial Instruments. Trade receivables are generally due for settlement within 30 days.

1.9 Property plant and equipment

Through the Unexpected holds no Plant and Equipment.

NOTES TO THE FINANCIAL STATEMENTS

1.10 Intangible assets

Through the Unexpected holds no Intangible Assets.

1.11 Trade and other payables

These amounts represent liabilities for goods and services provided to the Company prior to the end of the financial year and which are unpaid. Due to their short-term nature they are measured at amortised cost and are not discounted. The amounts are unsecured and are usually paid within 30 days of recognition.

1.12 Employee benefits

Through the Unexpected has no employees.

1.13 Goods and Services Tax (GST) and other similar taxes

Through the Unexpected registered for GST on 16 January 2021.

2. Revenue

Revenue	2022	2021
Partnership Income	0.00	0.00
Membership Income	0.00	0.00
Grant Income	681.69	0.00
	681.69	0.00
Other income		
Interest	0.00	0.00
Donations	2,579.44	2,605.71
Fundraising	0.00	0.00
Other Income	15.60	0.00
	2,595.04	2,605.71
Total Income	3,276.73	2,605.71

3. Other expenses

Other Expenses	2022 \$	2021 \$
Premises Rental	385.00	385.00
Registration	0.00	652.50
Travel and Conference	681.69	0.00
Subscriptions	151.90	407.01
Website	274.69	1.00
Insurance	860.20	860.20
Other Expenditure	129.90	0.00
	2,483.38	2,305.71

NOTES TO THE FINANCIAL STATEMENTS

4 Related party transactions

Through the Unexpected had no transactions with related parties.

5 Contingencies

There are no contingent liabilities incurred by *Through the Unexpected* at 30 June 2021 and 30 June 2022.

6 Lease Commitments

Through the Unexpected have no lease commitments.

7 Post-reporting date events

No matters or circumstances have arisen since 30 June 2022 that has significantly affected, or may significantly affect the company's operations, the results of those operations, or the company's state of affairs in future financial years.

DIRECTORS' DECLARATION

In the opinion of the Directors of *Through the Unexpected*:

a The financial statements and notes of *Through the Unexpected* are in accordance with the *Corporations Act 2001*, including:

i Giving a true and fair view of its financial position as at 30 June 2022 and of its performance for the financial year ended on that date; and

ii Complying with *Australian Accounting Standards Reduced Disclosure Requirements* (including the Australian Accounting Interpretations) and the *Corporations Regulations 2001*; and

b There are reasonable grounds to believe that *Through the Unexpected* will be able to pay its debts as and when they become due and payable.

Signed in accordance with a resolution of the Directors.



Alison Deslandes
Chairperson, Board of Directors
Through the Unexpected
30 October 2022

THROUGH THE UNEXPECTED LTD

Through the Unexpected

Australian Company Number (ACN) 641 183 253

Australian Business Number (ABN) 136 411 832 53

An Australian Public Company limited by guarantee

Registered with ASIC from 23 September 2020

Registered with the ACNC as a health promotion charity from 23 September 2020

Endorsed as a Deductible Gift Recipient (DGR), Item 1 from 17 October 2020

Through the Unexpected
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www.throughtheunexpected.org.au



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